CLICK WITH A SITE THAT CLICKS WITH YOU

myCigna.com

We've made myCigna.com all about you

Log in and you'll find the information you need to manage your health and access your pharmacy coverage, including powerful tools, information and resources to help you make informed health care decisions. The site is designed to make it easier to quickly find exactly what you're looking for, and it's compatible with your mobile device – so you can find whatever you need, whenever you need it.

REGISTERING TO TAXE THE HEALTH ASSESSMENT? If you or your dependent(s) are registering to take the Health Assessment, each person must register separately and then log in with their own User ID and Password. Enter Personal Details You're just minutes away from accessing your Cigna online account. Please enter your information to get started. First Name Last Name Date of Birth Month Day Year Address Address 2 (Optional) City State Safect Zip Code

Get started

Go to **myCigna.com.** The first time you visit, you will be directed through a simple registration process. Once you've registered, keep your User ID and password in a safe place and bookmark **myCigna.com** for future use.

When you log in to **myCigna.com,** everything you need to manage your health and health care expenses is just a few clicks away.

Get informed

Now you're ready to take advantage of **myCigna.com** and its many health and pharmacy-related features.

As soon as you're on **myCigna.com**, you'll see it's all about you – your pharmacy coverage and claim information, plus tools and resources to improve your health and wellness. You can also easily find a doctor in your network.

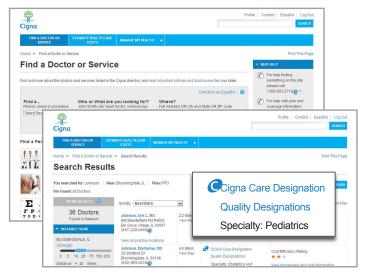
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Together, all the way.



See your pharmacy coverage

Your pharmacy coverage details are all in one easy-toaccess place. View all your current claims information, including when and where you received services, what you were billed for and what you paid. See your benefits booklet for specific eligibility and coverage information.



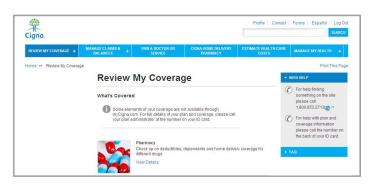
Use your tools

When you have more information, you'll feel better about your health and your health spending. That's why we have tools to help you calculate costs, compare plan costs, estimate treatment costs and more.

- Drug price quote tool look up prescriptions to compare prices. We also suggest lower-cost alternatives like home delivery or generics.
- ▶ Pharmacy home delivery you can learn more about Cigna Home Delivery PharmacySM and order refills of your prescriptions.
- Medical cost estimator compare estimated costs for various procedures based on Cigna's historical cost data.
- Manage your health the "Manage My Health" section includes a wealth of tools and information to help you get healthy and stay healthy. You'll find articles, support groups and other resources on a variety of topics, including blood pressure, cholesterol, tobacco cessation, weight management, stress and more.



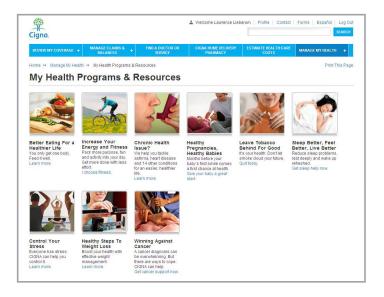
It's your health. And myCigna.com is your site.



Find a health care professional or pharmacy

Search for your doctor by name or search our network for a specific type of doctor, pharmacy or medical facility. You can filter your results by distance, cost efficiency, specialty and more – even by whether they are accepting new patients. You can also email a copy of your search results.

Be sure to look for the Cigna Care Designation symbol – which identifies doctors who have met certain Cigna quality and cost-efficiency measures.*



You'll find helpful resources on a variety of healthrelated topics under your "Manage My Health" section.



*Quality designations and cost-efficiency ratings reflect a partial assessment of quality and should not be the sole basis for decision-making (as such measures have a risk of error). They are not a guarantee of the quality of care that will be provided to individual patients. Individuals are encouraged to consider all relevant factors and consult with their physician when selecting a health care professional or facility for care. Health care professionals and facilities that participate in the Cigna network are independent contractors solely responsible for the treatment provided to their patients. They are not agents of Cigna.

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